

# **AN INTRODUCTION TO ZEN MEDITATION**

01.01.2017 IBS



## **ONE DAY WORKSHOP 2017**

**6 Workshops: 9 am – 4 pm (Sundays)**

**Feb 5, April 2, June 4, Aug 6, Oct 1, Dec 3**

A workshop introducing the fundamentals of  
Zen meditation and practice guided by  
Master Ekai Korematsu Osho and his students  
in the Zen and Integrated Buddhist Studies (IBS).

Lunch provided.

### **Contact**

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**General Enquiry, Booking and Enrolment**

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