

AN INTRODUCTION TO ZEN MEDITATION

01.01.2017 IBS



ONE DAY WORKSHOP 2017

6 Workshops: 9 am – 4 pm (Sundays)

Feb 5, April 2, June 4, Aug 6, Oct 1, Dec 3

A workshop introducing the fundamentals of
Zen meditation and practice guided by
Master Ekai Korematsu Osho and his students
in the Zen and Integrated Buddhist Studies (IBS).

Lunch provided.

Contact

Workshop Coordinator: Katherine Yeo

0422 407 870

or e-mail A-course@jkishoan.org.au

General Enquiry, Booking and Enrolment

Phone: 03 8307 0600 or contact@jkishoan.org.au

www.jkishoan.org.au

