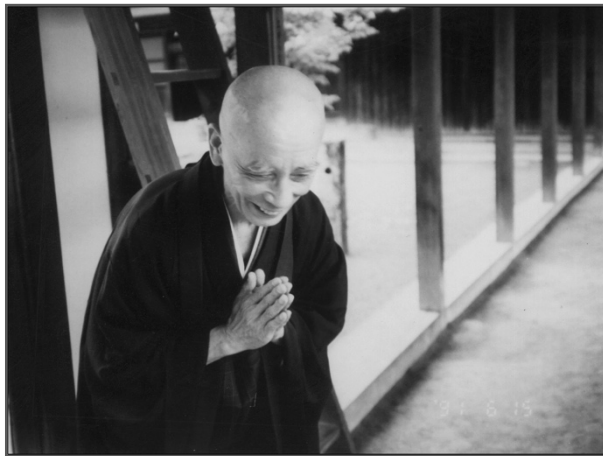




ZEN MEDITATION RETREATS

2022 [IBS 16.06.2022]

Winter (R70) 12 - 19 August



Founder of Jikishoan Zen Buddhist Community
Ikko Narasaki Roshi (1912–1996)

About Jikishoan

Jikishoan Zen Buddhist Community Inc. is a not-for-profit organisation in the Soto Zen lineage (founded in 1999). Our vision is to offer *transformative Buddhist learning, experience, and cultivation for everyone.*

About the Retreat

Jikishoan runs 7-day Residential Retreats three times a year to engage in periods of concentrated Zen practice. The daily schedule includes Zazen and Kinhin (sitting and walking meditations), Samu (work practice), Chosan (formal tea), Oryoki (formal meal practice) and Teisho (teachings) by resident teacher and Abbot, Ekai Korematsu Osho.

Venue: Casa Pallotti Retreat Centre
85 McNamaras Rd. Wesburn VIC 3799

Cost:

<u>Days</u>	<u>Non-member</u>	<u>Member</u>
7 Days	\$686	\$607
6 Days	\$672	\$595
5 Days	\$560	\$496
4 Days	\$504	\$446
3 Days	\$378	\$335
2 Days	\$280	\$248
1 Day	\$140	\$124

Member cost applies for Jikishoan Members and IBS students.

NOTE: DEPOSITS and FEES ARE NON-REFUNDABLE
(Jikishoan ZBC Inc. ABN: 15 890 129 251)

General enquiries and applications:

Retreat Director - Margaret Lynch

email: c-course@jikishoan.org.au

mobile: 0415 889 605

A deposit of \$70.00 is to be paid with your application.

The balance to be paid upon arrival at the Retreat.

Payment Details:

EFT - Bendigo Bank

Jikishoan General Account

BSB 633 000

Account 154 809 560

Reference - 'Your name and 'Retreat #70 Deposit'.

Email jikishoantreasurer@gmail.com to confirm your EFT.

Cheque payable to:

Jikishoan Zen Buddhist Community

Post to: PO Box 196,

Heidelberg West, Victoria 3081

Closing dates for applications:

R70 - Sunday 31 July

Website: www.jikishoan.org.au

Application form

I would like to attend: (tick applicable)

_____ **Winter Retreat 12 - 19 August** [R70] _____ days

Please print clearly. All information is kept confidential.

First name: _____

Last name: _____

Male () Female () DOB: / /

Address: _____

_____ Postcode: _____

Mobile: _____

E-mail: _____

Financial member and/or IBS student? Yes ___ No ___

Please advise of day, date and time:

Arrival day: _____ Time: _____

Departure day: _____ Time: _____

I can give a participant a lift to Casa Pallotti: Yes ___ No ___

I will be using public transport and will need

transport from Warburton to Casa Pallotti: Yes ___ No ___

Jikishoan Administration:

Fee/Deposit Paid \$ _____ Receipt No. _____

Received by _____ Date: / /

Payment Method: **Cheque / Cash / Money Order / EFT**

Have you previously attended a Jikishoan Retreat?

Yes ___ No ___

If so, which work group(s) were you part of _____

Accommodation is in shared rooms only.

Do you snore? Yes ___ No ___

W you bring an oryoki set for formal meals?

Yes ___ No ___

Vegetarian meals will be provided. Please advise if you have special dietary requirements. Email details to retreat coordinator.

COVID Vaccination Requirements

I have received two COVID vaccinations and I can provide my COVID SAFE certificate. Yes ___ No ___

You will be required to take a Rapid Antigen Test on arrival at Retreat. This test must prove negative.

If during the retreat, you prove COVID positive you will be required to leave immediately.

Details of two emergency contacts:

Name: _____ Ph: _____

Name: _____ Ph: _____

I am aware of the voluntary nature of my participation in this meditation Retreat. I am in good health or have obtained prior written approval from my medical practitioner to participate fully.

Signed: _____

Date: _____

Email this application form to: c-course@jikishoan.org.au